

2019

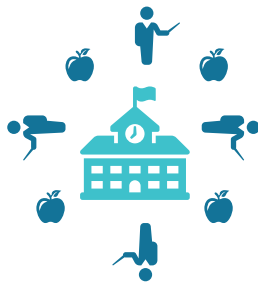
IMPACT REPORT TO THE COMMUNITY



WE'RE ON A MISSION TO GET ACPS KIDS MOVING!



We know that when simple, movement-based activities are integrated into the day, kids feel better, they learn better, and ultimately, they perform better.



We trained
100
teachers across
12
elementary
schools
on how to bring
movement into
tight school
spaces.



We added
400,000
bursts of
movement in
13
ACPS elementary
schools to bring
focus and fun to
classrooms.



We awarded
\$70,000
to partners and
\$15,000
directly to
classroom
teachers for
innovative,
creative, and
sustainable
movement-related
materials.

IN 2020 we're looking to double this impact.
Find out how you can join us at runningbrooke.org.

...AND NOW IT'S MORE IMPORTANT THAN EVER!

With schools across Alexandria closed and teaching and learning moved online, you can use movement-based activities at home to burn off energy, increase focus, and prime kids for learning!

We want to make sure every student keeps moving. We've created a series of videos and simple no-cost activities to make it as easy as possible for you to Move2Learn-at-home to get your heartrate up and keep the blood flowing to your brain. They're FUN and great for kids of all ages!



To learn how you can incorporate brain boosts at home, visit runningbrooke.org/news/move2learn-at-home.

“Adding movement has increased students’ reading stamina, improving their ability to read independently, and is closing the gap between below and on-level readers.”

1ST GRADE TEACHER



RUNNING BROOKE

MOVE.LEARN.BECOME.



RunningBrooke.org

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