



Mission Statement

RunningBrooke is sparking a movement revolution in classrooms and schools. By integrating creative and sustainable movement practices and programs into the school day, we enhance academic performance and empower all students to achieve long-term success.

RunningBrooke Fast Facts

Since its founding in 2009, RunningBrooke has invested well over \$1.5 million and impacted tens of thousands of children across Alexandria in classrooms, schools, and on playgrounds.

- ✓ RunningBrooke's **Move2Learn Teacher Trainings and Professional Development Days** bring movement to kids and increase focus and learning in classrooms across our city.
- ✓ Creating a movement revolution, RunningBrooke's bi-annual **ACPS Movement Challenges, bi-annual Teacher Mini Grants, and annual ACPS partner grants** fund innovative and exciting movement materials and programs.
- ✓ RunningBrooke **hosts world-renowned thought leaders at Move2Learn Summits** to offer pragmatic movement solutions to educators, administrators, and community leaders.
- ✓ RunningBrooke **builds and renovates playgrounds across the City** and partners with countless **community leaders** to collaborate and offer support.

As RunningBrooke enters its 11th year, we are set to grow! With a staff of 3 and all-volunteer Board, we are excited to expand our footprint and impact in the community.

Other Things to Know

- ✓ In January 2019 RunningBrooke's Founder and CEO, Brooke Sydnor Curran, was honored as a Living Legend of Alexandria for her exemplary and lasting impact in the community.
- ✓ In 2018, RunningBrooke was named the Alexandria Chamber of Commerce's Best in Business Non-Profit of the Year.
- ✓ Brooke has now completed 138 marathons, 2 IRONMANs, a 100-mile trail race (running), and 2 centuries (biking).
- ✓ In March of 2018, Brooke survived a near-fatal brain aneurysm. Neurologists agree that her physical health was one of the key reasons she survived.
- ✓ Brooke runs with asthma and exercise-induced asthma.