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## RunningBrooke Celebrates its 2018 Move2Learn Grant Partners

By **Zebra** - January 30, 2018

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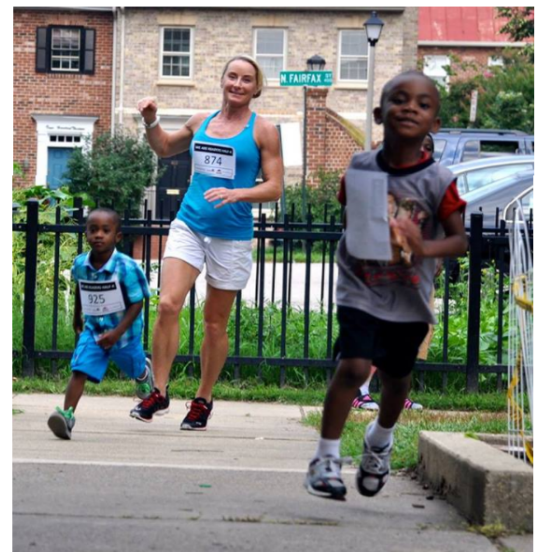
Alexandria, Virginia – **RunningBrooke** has announced its \$108,749.00 reinvestment into the Alexandria community through its Spring 2018 **Move2Learn** Grant Awards.

All twenty-five Move2Learn grant recipients focus on the important intersection of physical activity and increased academic performance.

In total, RunningBrooke will grant \$108,749.00 to twenty-five Alexandria teachers and nonprofit partners who collectively serve more than 7,000 at-risk children.

Spring 2018's partners include: **ACPS Bicycling in the Schools, ACPS Swimming Program, ACPS Circus Club**, as well as ten other ACPS initiatives linking movement with learning, **Alexandria Symphony Orchestra, Alexandria Soccer Association, Alexandria Tutoring Consortium, Communities in Schools NOVA, Community Lodgings, Girls on the Run NoVA, Jane Franklin Dance, Local Motion Project, The Child & Family Network Centers, QuinTango**, and **YoKid**.

"We were honored to work with so many leaders in our community who value the inclusion of physical activity during the school day. Running changed the trajectory of my



*Brooke just ran her 114th marathon — that's 5,130,000 steps! to keep Alexandria's underserved kids in focus. (Photo courtesy of RunningBrooke Twitter Feed)*



life, and being active brings me the focus, mental clarity, and stamina I need to build an organization that has now helped tens of thousands of kids across our city. RunningBrooke's goal is to ensure that every child in Alexandria experiences these same benefits," said Brooke Sydnor Curran, RunningBrooke's Founder and CEO.



*Alexandria City Public Schools "Bicycling in Schools" programs is one of the beneficiaries of the 2018 RunningBrooke grants. (ACPS file photo)*

Since its inception, RunningBrooke has reinvested well over \$1 million back into the City of Alexandria, building two playgrounds — and working on its 3rd — in underserved neighborhoods, and has worked with more than 40 nonprofit, public and private partners. During this time, Brooke has run one marathon every month to keep the attention focused on our kids. Brooke just ran her 114th marathon — that's 5,130,000 steps! She runs with asthma and pays for all of her own travel expenses and fees.

Studies show that active kids have better focus, improved on-task behavior, and better academic performance than their less-active peers. This year's teachers and partners provide brain-boosting activities that support students in the classroom, during tutoring, and in before- and after-school programs across the city.

For more information, please visit [www.runningbrooke.org](http://www.runningbrooke.org).