

SEPTEMBER 2018 – AUGUST 2019 RUNNINGBROOKE GRANT APPLICATION

RunningBrooke's Move2Learn program awards grants to non-profit and other organizations based in Alexandria, VA working with Alexandria City children to provide innovative programs that get kids moving to support academic achievement. We encourage schools and teachers to apply for funding that would help provide resources for initiatives that get kids moving in the school and classroom.

Preference will be given to programs that can provide opportunities for exercise/movement activities before academic learning and in the classroom during the school day. RunningBrooke will not exclude from consideration, after school or intersession programs with a focus on under-served communities.

Applicants should be able to articulate measurable outcomes consistent with our focus areas:

1. Enhancing academic performance through getting kids active before and during learning
2. Increasing academic outcomes with the goal of performing at grade level or better
3. Helping children (with a K-5 focus) prepare for and develop healthy lifestyle habits at home and in the classroom

IMPORTANT RUNNINGBROOKE IS MODIFYING ITS GRANT APPLICATION PROCESS TO ALIGN WITH THE ACADEMIC YEAR CALENDAR

Please review the dates below for upcoming and future grant deadlines. In order to align more closely to the school calendar, RunningBrooke will be modifying the rollout of its grant application and funding for 2018-2019.

January 1 – July 15, 2018 – Submit online applications for September 2018 – August 2019 programs. Grants for the 2018/2019 academic year will be announced in August.

Going forward, the application window will be January – June for the following September – August school year.

RunningBrooke Grants September 2018 – August 2019

Organization | School Name:

Date Founded (if Organization):

501(c)(3) Number:

Executive Director | School Principal

First Name:

Last Name:

Email:

Phone Number:

Program Director | Teacher

First Name:

Last Name:

Email:

Phone Number:

Primary Contact (Executive Director | School Principal or Program Director | Teacher):

About Your Program

Is your request this year for a New or Existing program?: New | Existing

If Existing, number of years:

Has your Organization or School program applied for a RunningBrooke grant in the past five years?:

Yes | No

Has your Organization or School program previously received funding from RunningBrooke?:

Yes | No

If this is your first time applying, how did you find out about the RunningBrooke grant program?

If an Organization, please describe the purpose of your organization and brief history.

Maximum Allowed: 300 words.

If an ACPS school program, please tell us about the integrated classroom subject(s) and provide a brief description of the program.

Maximum Allowed: 300 words.

Describe the Physical Activities in your program (i.e. running, yoga, free play, dance, biking, soccer, etc.) *

Maximum Allowed: 100 words.

Grant Funding Monetary Request and Use

Annual Budget:

\$

Total Program Budget:

\$

Funding Amount Requested:

\$

Have you already received funding apart from this grant request?:

Yes | No

Do you have a plan to sustain this program for more than the current fiscal year?:

Yes | No

Please itemize to the best of your ability the distribution of the requested funds within your program totaling 100%.

Staffing _____ %

Administrative Costs _____ %

Program Equipment and Supplies _____ %

Meeting / Space Rental _____ %

Student Supplies (i.e. t-shirts) _____ %

Third-Party Instructors for Specialized Instruction _____ %

Other _____ %

Please briefly describe Other.

Program Schedule

When will your program run in 2018? (Check all months that apply):

January	February	March	April	May	June
July	August	September	October	November	December

Program is year-round January - December with limited or no time off during the summer.

Year Round

When will your activities take place (check all that apply):

Before School	During School	After School	During Classroom Subject Time
Intersession	Other		

If Other please describe (100 words or less):

Total number of days of activity (i.e. 2 days/week x 3 months = 24 days total):

Average program time per session that involves moderate to vigorous physical activity (i.e. 80 minutes out of 90 minutes per session):

Estimated number of children to be served by this grant request?:

Of the children participating, how many are considered "at-risk" or under-served?:

Children participating are in the following grades (check grades all that apply):

Pre-K	K	1st	2nd	3rd	4th	5th	6th
7th	8th	9th	10th	11th	12 th		

Largest percentage of children served are in which grades? Write ALL for all.:

PreK thru 5th Grade

What schools within the Alexandria City Public School system are you associated with (your program takes place on school grounds or serves the students from specific schools).

- ☐ **Charles Barrett Elementary School (PreK-5)**
- ☐ **Cora Kelly School for Math, Science and Technology (PreK-5)**
- ☐ **Douglas MacArthur Elementary School (K-5)**
- ☐ **George Mason Elementary School (K-5)**
- ☐ **James K. Polk Elementary School (K-5)**
- ☐ **Jefferson-Houston School (PreK-8)**
- ☐ **John Adams Elementary School (PreK-5)**
- ☐ **Lyles-Crouch Traditional Academy (K-5)**
- ☐ **Matthew Maury Elementary School (K-5)**
- ☐ **Mount Vernon Community School (K-5)**
- ☐ **Patrick Henry Elementary School (PreK-5)**
- ☐ **Samuel W. Tucker Elementary School (K-5)**
- ☐ **William Ramsay Elementary School (PreK-5)**

6th Grade thru 12th Grade

What schools within the Alexandria City Public School system are you associated with (your program takes place on school grounds or serves the students from specific schools).

- ☐ **Francis C. Hammond Middle School (6-8)**
- ☐ **George Washington Middle School (6-8)**
- ☐ **T.C. Williams High School Minnie Howard Campus (9)**
- ☐ **T.C. Williams High School King Street Campus (10-12)**
- ☐ **T.C. Satellite Campus**
- ☐ **Chance for Change Academy**
- ☐ **Northern Virginia Juvenile Detention Center School**

Not Affiliated with the Alexandria City Public School System

___ Other

If Other, please provide additional information such where your program takes place and the grades served (for example, Private School, Independent Non-Profit, Location varies based on program details). Please describe (300 words or less):

Measuring Scholastic Performance and Student Engagement

Would your organization or school be willing to have the children complete a RunningBrooke engagement survey at the middle and end of the program?: Yes | No

Do you currently measure the scholastic performance of your program participants? If so, please describe. Please describe (300 words or less):

If you currently measure outcomes, please describe (i.e. mastery of subject, focus, attitude, confidence, happiness, emotional IQ, other). Please describe (300 words or less):

If applicable, How do you currently collect data? ACPS records, student surveys, other.... Please describe (300 words or less):

If applicable, please attach a sample of your data.

What obstacles are preventing you from measuring outcomes? Please describe (300 words or less):

Please provide any additional information you wish to share. Please describe (100 words or less):

SUBMIT

Again, priority will be given to programs that use exercise and/or movement to activate children's brain development and learning. While we prioritize applications that meet the above criteria and the ability to measure outcomes based on academic performance, consideration will also be given to other groups

and movement programs whose outcomes are measured by an increase in Positive Attitude, Focus, Confidence or Happiness/Emotional IQ.

Grant requests will be considered by a panel of RunningBrooke committee members based on the above criteria.

Please do not hesitate to email us at: grants@runningbrooke.org if you have any questions. Recipients of January 2018 – August 2018 grants will be announced around the third week in January.

Expectations of Grant Recipients:

- Communicate with us if you need help during the application process or during grant implementation grants@runningbrooke.org.
- Define your expected outcomes, how you will measure them, and share this data with RunningBrooke.
- Schedule site visits from RunningBrooke representatives to see your program in action.
- Use the grant exclusively for the purpose stated in the proposal.
- Attend and/or volunteer at RunningBrooke events some time in 2018.
- Acknowledge the Move2Learn Grant from RunningBrooke in your marketing and communications materials, such as websites and newsletters.
- Submit RunningBrooke mid-term and final reports* documenting your progress.
- Survey student participants using the RunningBrooke survey.
 - **Non-conforming reports will not be accepted independent of the RunningBrooke report.*

Move2Learn is a program that includes information, instruction, potential funding and supporting data that RunningBrooke is sharing across schools and organizations in Alexandria in an effort to get kids moving to spark and heighten learning. RunningBrooke works with educators, nonprofit and community leaders to influence and instill physical activity within existing programs and communities.

Guidelines include: Duration of Physical Activity, Frequency of Activity, Type and Intensity of Activity, and the Emotional IQ of the Student. For our partners, these guidelines provide key areas necessary for their program to be more effective: Mastery of School Subject, Focus, Attitude, Confidence, and Happiness/Emotional IQ of Student. The End Result is physically active children, who yield considerable improvement in academic achievement over their sedentary peers. Additionally, active kids are focused, and physically and emotionally healthier too!

If you are a parent, school or community professional, coordinator or direct service staff, plan to engage and move with us as we continue to educate regarding the need for more recess, enhanced parks and playgrounds, non-traditional P.E., and physical activity to prepare kids for learning. We look forward to working with you to build a community of active children.